



Rhona Gordon, Assistant Psychologist, Major Trauma Centre, Aberdeen Royal Infirmary.

Rhona joined the North of Scotland Major Trauma Network as part of the Clinical Neuropsychology Team, in December 2020. Rhona's main role is working on the Major Trauma Wellbeing Group and she also contributes to service-based evaluation projects in the Major Trauma Centre. Previously working in an Older Adult's Team in Lanarkshire, Rhona has a keen interest in neuropsychology and is enjoying the varied working that the Major Trauma Network provides.



Dr Ernest Wagner, Clinical Psychologist, Major Trauma Community Psychology service, Aberdeen.

Ernest's role in the NoS Trauma Network is to support the psychological and neuropsychological rehabilitation of major trauma patients following discharge from hospital in NHS Grampian. Ernest trained in Clinical Psychology with the University of Edinburgh, completing his specialist placement in the Department of Clinical Neuropsychology at Aberdeen Royal Infirmary, where he continues to be based. As well as having a keen interest in neuropsychological rehabilitation, he has a passion for understanding the factors which relate to psychological adjustment and well-being following serious injury.



Dr Helen Aslett, Clinical Psychologist, Major Trauma Team, Raigmore Hospital, Inverness.

Helen joined the North of Scotland Trauma Team as a Clinical Psychologist in February 2021, having spent the previous two years working in Adult Mental Health for NHS Highland after relocating from North Wales in 2019. Helen initially completed her undergraduate and PhD studies at the University of York before working as a Research Fellow in health service and Psycho-oncology research at UCL and then Bangor University, where she subsequently completed her Doctorate in Clinical Psychology. Since qualifying Helen has worked as a clinical psychologist in Spinal Injuries, Brain Injuries, Neurorehabilitation, and Pain Management services. Helen has particular interests in continuity of care for both patients and their families across the patient pathway and post-traumatic growth following injury.



Dr Louise Buchan, Clinical Psychologist, Major Trauma Centre, Aberdeen Royal Infirmary.

Louise has been in post as Clinical Psychologist for the North of Scotland Trauma Network based at the Major Trauma Centre (MTC), Aberdeen Royal Infirmary since the service went live in October 2018. Providing continuity of psychological and neuropsychological support across the patient journey, from hospital admission until discharge home, is one of the main reasons Louise applied for this post. She also holds a post working in Community Neuropsychological Rehabilitation. Louise's professional interests include developing group-based resources for patients with Acquired Brain Injury (ABI) and their families alongside the development of education and training for managing challenging behaviour in an ABI population.



Dr Pauline Insch, Clinical Psychologist, Major Trauma Community Psychology service, Aberdeen.

Pauline qualified as a Clinical Psychologist from the University of Edinburgh in October 2020 and joined NHS Grampian in the department of Clinical Neuropsychology in the MTC Community Psychology team in November 2020. Before her clinical training, Pauline worked for NHS Grampian as a Primary Care Mental Health Worker in North Aberdeenshire. Pauline also has been an Assistant Psychologist in areas such as Acute Surgical Services, Specialist Weight Management, Clinical Neuropsychology as well as a Clinical Research Associate and Training Facilitator within the Older Adult Mental Health Directorate. In addition to her NHS experience, Pauline has worked as a lecturer with both the Open University and Robert Gordon University after completing a PhD and Masters of Research with the University of Aberdeen. Her academic research has focused on social cognitive processes in both healthy aging and Alzheimer's disease.



Dr Dianne Beastall, Clinical Psychologist, Major Trauma Team, Raigmore Hospital, Inverness.

Dianne started her post as a Clinical Psychologist for the North of Scotland Trauma Network, based at Raigmore Hospital, in April 2019. Dianne provides psychological and neuropsychological assessment, formulation and intervention to major trauma patients in both acute and community settings, and is relishing the opportunity of being involved throughout the patient journey. Prior to this post, Dianne worked for NHS Highland as a Clinical Psychologist in Adult Mental Health; however, she has always had a keen interest in Clinical Neuropsychology. She spent seven years employed by NHS Grampian working in Clinical Neuropsychology both pre- and post-qualification and gained experience in both acute and rehabilitation settings. Before working for the NHS, Dianne completed a PhD exploring the experiences of people who self-injure.